

## *2022 Stand Up Paddleboard Schedule:*

Saturday 6/25: Lower Hiwassee - Gee Creek -> 2 Rivers 3:30 pm EST

Sunday 6/26: Lower Ocoee - Dam 1 -> 2 Rivers 2:00 pm EST

Sunday 7/17: Lake Fontana - 10:00 am EST

Sunday 7/31: Lower Ocoee - Dam 1 -> 2 Rivers 2:00 pm EST

Trip description:

All SUP Training Trips (except Lake Fontana) are on Class I moving water. Shoes, a Class III-IV pdf and quick-release leash are required. Please text Liz Young at 205.566.0030 to confirm participation.